

My Brushing Chart

Fill out this brushing chart by coloring in the space every morning and night for the next four weeks. Keep your teeth healthy by brushing everyday!



Week 1

Week 2

Week 3

Week 4

Morning

Night

Morning

Night

Morning

Night

Morning

Night



Monday

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Tuesday

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Wednesday

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Thursday

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Friday

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Saturday

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Sunday

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Created by
www.wondermomwannabe.com