

Goldilocks and the Three Bears "PORRIDGE" Recipe

This recipe (from allrecipes.com) is actually for Breakfast Grits, made the old-fashioned way so you get to cook. The recipe says it takes about 30 minutes total (includes prep and cooking) and should make enough to feed four people...it also has cheese!

INGREDIENTS

3 cups water

½ teaspoon salt

1 cup hominy grits

freshly ground black pepper

1 tablespoon butter

½ cup shredded sharp Cheddar cheese

DIRECTIONS

1. Bring the water and salt to a boil in a saucepan.
2. Whisk in the grits and continue to whisk for 1 minute.
3. When the mixture comes to a boil again, turn the heat to low. Stir frequently, cook for 10 to 15 minutes.
4. Remove the grits from the heat and add pepper, butter and cheese; mix well. Stir until the butter and cheese are melted.